



## HELPFUL INSTRUCTIONS FOR PERSONAL INJURY CASES

### Please be careful to read the following suggestions:

1. Do not discuss your case with anyone other than your attorneys or your doctors.
2. Do not think that harm cannot be done to your case as long as you do not sign or initial written statements. Your oral statements can be equally damaging. Any statement, whether written or oral, can be introduced into evidence against you at the time of your arbitration hearing or trial.
3. Do not sign anything with respect to your claim until you have checked with your attorneys.
4. Obtain receipts and keep records of all drugs, appliances or bills incurred as a result of your injuries.
5. Notify us at once of any change of address, employment or other facts which affect your case.
6. If you are going to be out of town for more than a few days, please call us and inform us of this fact.
7. If, after consulting us, you miss any work because of your injuries, please notify us right away of your absences.
8. Should you go to the hospital at any time, please notify us of the date of visit, the purpose of the visit and if you receive a bill, please provide copies of any and all bills.
9. If you are self-employed, keep a record of all times that you have been unable to work or perform your duties or miss any time.
10. Keep a diary regarding your recovery from your injuries. This will be extremely helpful to you to explain the nature of your injuries at a later date.
11. You are under no duty to talk to anyone. They have no right to interview you or ask you questions once you have retained us to represent you. Such discussions cannot help your case; they can only damage and possibly be detrimental to your case. Refer all such persons to your attorneys if they contact you.